



Creative Kids Stuff

A new summer series at Lightsmith

4 Wednesday mornings in July and August

10:00—11:30am Each class \$22 (some supplies extra)



Gem Beading

July 22nd with Jennifer Salness

Jennifer will guide each child to create their own gemstone-beaded stretchy necklace or bracelet. She will offer guidance on what an intent or focus could be for them personally as well as discuss what each gemstone means. Cost is \$22 plus \$3 for supplies. Each child can make up to 2 bracelets/necklaces. Jennifer has a website at <http://crystallinelight.com>

Crystal Grid Making

August 5th with Michele Mayama



Michele will teach how to create with intention using the energetic technology of crystal grids. These grids help keep your space or room clear of negative energies and help hold intentions that are important to you. This workshop is for children ages 4-5 or older as they need to physically handle crystals and make a grid. You can either bring some stones along or pick some up later after learning with Michele's. Bring these if you have them: 6 stones of the same kind and about the same size, An object or stone for the center, other special stones or objects, and one solid colored cloth napkin. Extra supplies will be on hand for learning and practicing. \$22.



Eco Drum and Shaker Making

August 12th with Rose Schneider and 7-year-old son Colton

In this workshop participants will create a drum and a shaker with reusable, recyclable, sustainable and natural elements. \$22 plus \$3 for supplies. Rose has a website at <http://raysoflighthealing.com>

Flower Essential Oil Blends and Breathing

August 19th with Roxann Kay



In this workshop Roxann will assist you to make your own personal essential oil blend guided by intuition, intention, listening, and conscious breathing. Cost is \$22.

Please pre-register for all workshops

Contact Deea Gailfus: deea@lightsmith.com or 612-220-0307

All Workshops at Lightsmith, 559 Humboldt Ave, St. Paul 55107

See www.lightsmith.com for directions or call 651-224-4451