

Lightsmith

NEW CHOICE. NEW CREATION. NEW LIFE.™

NEW YEAR'S CHANNELING WITH FRIENDS IN SPIRIT AND THE EARTH MOTHER

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Blessings, greetings, hello!

[Hello]

And Happy New Year to you!

So, we have gathered, just as you have gathered, and it is quite a gathering. We also have been invited to share some perspectives on this time, and we are happy to do so.

Each of you has a sense of your own unfolding. You look back, and some of you have a perspective of this life from childhood, or perhaps even your ancestry. Some of you have a perspective of perhaps a number of lives. Because your cultures have done quite a good job in the last centuries of recording the story of culture, you also have a sense of the cultural heritage you have evolved out of. You also have a collective story, one that includes wars as well as great accomplishments. So, you have been aware of your past. You have also been immersed in a process, at times, where you have been invited into a kind of new awareness, but in order to get to a different awareness there has been a need to move through those experiences as well as your history, interpretations, conclusions, and other old, emotionally bound experiences.

Gradually, as you move through these processes, you may begin to feel freer, lighter, and able to make choices with greater conscious awareness. So you can look back, you can also trace your story through the processes of transformation, healing, and whatever else you have chosen in order to grow and learn. Some of you are aware that there has been a kind of new alchemy creating a new experience of potential, a New Field, a marriage of heaven and earth, light and life, spirit and matter. That has been an ongoing evolution, but it is now accessible through your physicality, through the body, through the matter experience, which is relatively new.

And...then you look forward. The expression of your souls has yet to be fully potentized, or fully manifested. Many of you used the first sequences of your life to set into life those experiences that needed to be healed and transformed. Those experiences were part of your volunteer activity. You volunteered to transform or transmute particular patterns that you took on in order to contribute to the larger transformation. We are grateful for your contribution; we are grateful for your willingness to do such great work, even if has felt at times to be very painful, alone, frustrating, and perhaps irritating for some. Yes? [group laughter] You wish it would go away. We understand. We hear that plea. And at the same time, it does not go away, but it does process and transform itself out of consciousness, out of reality, and out of your experience.

So gradually you come to know within you a sense of who you are, not clouded by the past, not clouded by processes, not clouded by those things you've taken on from other stories. You sense who you are. You move into an awareness of being, and you invite more of your Great Spirit to incarnate. Your own Great Spirit has perhaps awaited you each time you came into a body and then left, and you are re-unified with that being that is you. Now, what happens when that great being that is you joins both the individual you and the collective you in an embodied, manifest, created experience? What happens when the Great Spirits that have been waiting for this time merge within humanity, or within even a small portion of humanity? What happens? You are about to find out.

You are in this time by choice. You have come to this point because you have persevered through the transformative years. Or, you are just curious and wanted to see what would happen. So here you are, gathered together in your gathering place, as well of the millions of others that are like you. It is not such a small number anymore. Perhaps twenty years ago it was, but that number has grown. It has expanded by birth, because there are many young ones who have joined you, their consciousness manifesting as young children in the material plane, along with those of you who are choosing now to incarnate more fully, bringing your great being here into this cellular experience.

Around the world in every country there are those who are choosing. Sometimes they know what they choose and other times they do not fully consciously know, but their lives bring them to a place of choice. In making that choice, they join the millions of you that are also choosing, and that number continues to grow daily.

This year is one where the incarnation of your Great Spirit into matter begins to show itself in your experience, in your manifest, real world experience. Rather than waiting for what is to come, you will start to sense, feel, and experience the *now* of the manifest experience of you...and of the collaboration of your Great Spirits and souls coming together with ideas, inspiration, and delight in doing what is yours to do. Most of you have felt as if there is something you were born for, something you are here to do, and you look around and you look at your past and you say 'well have I done it yet'? Well you have done some of it, yes, but perhaps not the whole. Perhaps you have yet to open that door of fulfillment, of the experience of being fulfilled as a human being, a light-embodied human being. That is the potential that lives in you. It has always lived in you, and now you are about to peel away the last vestiges of those veils within the mind that keep you from the full experience of who you are. Your bodies have also needed to do some transforming, and that process may yet continue for awhile.

Time, in this physical plane, will also shift. If you look back a year from now, you will sense a whole different experience of time than your sense of this past year. And then you will start to sense the mutability of time, and the mutability of space. Your light being, or spirit, has no sense or need for time or space, so the more it merges within matter, the more it also shifts the experience of time and space. It is you creating this shift, nothing is being done to you. You are the creators within creation, you are the ones you have been waiting for, as someone has said. And you are the ones who are bringing to fulfillment the prophecies that have also been spoken within your world.

The prophecies have been interpreted; do not allow yourselves to be blinded by any interpretations. Only live into what it yours to grow, evolve, and create. Allow yourselves to look away from those who think they know, who will interpret for you, and perhaps want to be the authority of that interpretation. Turn toward your own sense of what vibrates as real. If you find yourselves in places where there is no life, where there is no vibration of what is real, then move in your own awareness to a place that is. Your consciousness is yours to focus, to choose. If you are focusing externally and it does not please you or does not feel vibrant, alive or inspiring, then refocus and choose again that moment of awareness. Open into the living field of light and love. Relax your own being. In that moment, choose to open your own light being within matter. Breathe the fusion of soul within. And as you do, open to receive your own experience in that moment, no matter what's going on, no matter what anyone around you is choosing to focus on or give reality to.

This will be the year of the manifestation, the birthing of a new world. You have felt it in your own experience, and you have been transmuting the old stories within you. Yet, you have been in some ways impatient, waiting, wondering, and perhaps feeling the mystery of what is yet to come. This is the year of the birth, where you meet your own creation and your own soul's delight as you open what is yours to gift to others as well as to the world. It is yours to open, it is yours to breathe life into, and it is yours to share. It is also yours to begin to realize that you cannot share and you cannot create without a sense of community, being one with, part of. This is a sense of belonging that you have longed for, desired, and perhaps at times previously found with one or two people.

Belonging is a collaborative conscious creation, not just with humans but with the whole of creation. Each of you comes from an immediate experience. That is yours to enjoy. The gift of the New Field is to assist you to feel the whole of your experience, and that is where you begin to sense the potential for this new story to grow in a kind of multiplication beyond the old story, where linear time and space ruled. What happens when several million people embody who they are? What happens? It doesn't have to be several billion, but it does take several million in this current population—and you are very close to that.

So, several million people embody who they are, and they have an immediate sense of their own experience of creating as

well as a sense of the whole that is more and more embodied as well. They dance together. They begin to choose to create what is real and deeply alive within them, and to give it form, and then they continue to do so in a very mutable but celebratory way. It doesn't mean that you are completely losing a sense of the old story, but you will more and more choose to be inspired and to inform your lives with what has a deeper reality.

You will begin to sense that the surface reality from the old story, even though it still exists and has its structures and its laws and taxation, etc., you will sense as you create the deeper reality that there is a kind of momentum within it, and a magnification within it that is so powerful that you have no idea at this moment how several million people (and growing over the coming years) will create another manifest reality that actually starts to feel to you as if you can live here. Many of you have wondered if you could. Redirect your focus. Open the doors to your own illumined creativity. Open the doors to your own choices every day, immediate and whole. And...collaborate, play with, dance with, and begin to see what shows up.

It is a different quality of time. Those who are bound within the old story of clocks, time, and sequence won't understand how you can create what you create, and how fast it can be created. Mostly they won't understand. Some will. They will intuit, and that will lead them into a new experience beyond the mind. You are growing beyond the mind, not beyond intelligence but beyond the structures of the mind that define reality. You are evolving through your hearts, your souls, your light beings, into cellular light, cellular emotion, cellular creation; and you are evolving a sense of how to be together with new forms and new ways to create together. You will have fewer laws for you will not need them. You will need fewer structures that bind or limit; in fact you will decide to dissolve most of them for yourselves. You will start to sense the living organization, the living synchronization, and the living synthesis within the whole of this living field. You will relax into it and allow it to move within your experience in every moment, and to move you.

You will start to sense potentials, and you will start to support those people that you recognize as placed in different places in the whole of this new creation. Those of you who have grown in abundance may align or ally yourselves with those who are creating the new ways to work with the environment, energy sources, monetary systems, social structures, and perhaps governments. You will also begin to notice how those who are young begin to demand education that matches who they are, rather than top-down, hierarchical, authority over. And there will be those who will begin to realize that the creativity that has been squashed in the old story is about to be detonated, in a sense, in a way that brings about a kind of revolution. This is not a revolution with violence, but rather a revolution of creativity, a revolution of the gifts that have been contained, limited, or squashed in the old story; a kind of opening beyond mind into a kind of fluid intelligence that has a way of informing, bringing into structure, into creation, into invention. This year you will start to see the beginnings of things that you have hoped for, dreamed of, and waited for without so much patience in the last while. And...wondered, perhaps, if it would ever happen.

It will be a good year for those of you who have chosen to open into this new experience. It will perhaps be not so happy for some who continue to cling to the old story, the old structures, the old temporal reality. They may feel more death, more loss, more anger, more fighting, and at the same time a distaste and even a boredom with their continuing experiences. More will move beyond the old story this year. More will come into an experience of "there has to be another way".

There are those in other countries that you do not know who are also being seeded with this new information, new inventions, new qualities of how to bring what is needed into the new reality. You may find yourselves feeling more universal as a result. You may start to sense a kinship with those who you do not share a language or culture, and yet you will sense a kinship. You may find yourselves again becoming allies in a multi-cultural way, whether you travel or whether you use the Internet as a means of connection, or whether you just sense these allies through this interconnected whole. You will start to sense your part in this interconnected whole, and you will start to connect with allies and form alliances and collaborations. And you will also begin to deepen. You will deepen, each of you, as your soul, Great Spirit, light embodies and you become the new human, you become a manifest light, you become heaven on earth, you become Conscious Creator within this creation.

Those who have been coming to speak here [Second Saturday Channelings at Lightsmith] over the last two years or so have each brought with them a kind of facet of this unfolding story. Each that is yet to come will continue to illuminate facets of the whole of which you are a part. Some of you will relate to some of the facets more than the others, and yet there is a hologram where all of the facets—those that can be spoken of as well as those that have no definition, no language—will continue to broadcast throughout humanity, throughout consciousness, throughout this Earth plane, throughout all of creation, including the animals, the plants, the trees, the oceans, the rivers, the rocks, and this great Mother Planet in all of

her great wonder.

Each of you has an individual experience. Cherish that while relaxing the mind's hold or binding on anything that has limited your being while embodied. Become again as a little child. As you do so, you do not take on a child's body or a child's view of the world, but what you do is you open with anticipation what is yet to be uncovered, discovered, known in awareness or experience; the wonderment, the delight, and the fluid, creative consciousness that is no longer bound. That is a rebirth. Happy Birthday!

So...that is what we came to say, and we can perhaps do some dialoguing if you would like to.

[participant questions in BOLD]

I KNOW THAT THERE HAS BEEN LOTS OF ENCOURAGEMENT FOR THOSE THAT HAVE EXISTED IN THIS PHYSICAL PLANE SO THAT WE CAN MOVE FORWARD IN OUR PROCESS. IS IT TRUE THAT THE REST OF THE UNIVERSE IS EVOLVING WITH US, AND EVEN YOUR OWN PROCESS HAS BEEN ONE OF GROWTH AND EXPANSION?

The nature of Source, Creator, is ever-evolving. Ever-evolving, and expanding into multitudes of experience and expression as well as in this particular journey of earth at this time, a fusion of light, a consciousness within a human or humanity being that is able to open up a created experience from this Source standpoint. Yes, we continue to evolve, yes we continue, as you, to move into this experience of greater fusion, we from Spirit, you from Matter standpoints. And, the universe as we know it, or universes, are also in an ever-expanding evolution of consciousness in all of its manifest experience and expression.

So, we are all simultaneously manifesting what is both the purity of our individual uniqueness of that Source that we are, as well as the dynamic of the interaction of all of our individual expressions within creation, which then allows and invites ever-expanding evolution.

THROUGHOUT THE MONTH OF DECEMBER I'VE BEEN EXPERIENCING PAIN AND EXPANSION IN MY HEART CENTER. PERSONALLY, I'M GOING THROUGH SOME BIG CHANGES, BUT I'M WONDERING IF THIS IS A UNIVERSAL THING WITH PEOPLE'S HEARTS, OR IS IT MOSTLY PERSONAL TO ME?

Each of you has had, as we said at the beginning, a particular path of transformation, so where you are contracting and expanding, or birthing in your own experience, may be different than the heart. Some may be working with the crown, some may be working with the third eye or throat chakra, or in other areas. But, there is a universality, at least amongst those who are in this birthing time, of this contraction/expansion, particularly in areas where there has been either a pattern that you have used as a portion of transformation, or old constrictions. That's what has been leaving.

Are there others of you going through some radical changes at this time? [group laughter]. Maybe you can comfort this one. Yes, some of the old stories are passing away quite literally, yes? So, in freeing you up there is a spaciousness opening within your experience to open that creative nature and to step into what matches who you are, and perhaps moves you into a deeper reality of experience. That is the birthing, and so you are ready.

I FEEL LIKE A NEW PERSON. I WAS FRAGMENTED AND JUST PUT MY SOUL BACK IN MY BODY WITH A RESTORATION PROCESS I DID WITH MICHELE. I'M NOT USED TO BEING IN MY BODY OR IN THE MOMENT, AND I'M GETTING A HEADACHE FROM TRYING TO STAY IN THE MOMENT. I'M NOT USED TO KNOWING WHEN MY MIND CAN WANDER AND DREAM WITHOUT LEAVING THE MOMENT. I'M WONDERING IF YOU CAN CLARIFY WHAT ENTAILS BEING IN THE MOMENT, AND WHAT IT MEANS TO BE OUT OF THE MOMENT.

We will do our best [group laughter]. Your experience in every moment doesn't mean that you are only in this particular, immediate moment. You encompass the whole, as well. That, perhaps, is the new operating system. If you use your conscious mind to stay focused in the moment, you might get a headache, because that is a lot of focus, a lot of pressure. Allow your mind to also be engaged in that aspect of the greater hologram – that includes past, present, future, and everything that is part of your experience and unfolding in this sequential way into the future. It also includes a sense of how you will be intersecting with people tomorrow, or the next day, or the next day, and how that might be opening up now to get you ready for then. So, there is an awareness of being here, but also a sense of the mind being accessible in a kind of fluid way to

receive all of what's needed in every moment, but that may include other experiences that are yet to be or what has come before.

When you lose the moment, or your sense of self, is when you get pulled out externally and you become reactive or make 'out there' more real than what you are experiencing here. That is when you lose consciousness, so to speak.

HOW IS THIS EXPANSION IN THE LIVING FIELD AFFECTING THE MONOTHEISTIC, TRADITIONAL RELIGIONS?

Well, you have already started to see the reaction of those that have become more and more rigid and fundamental in those religions. Regardless of what religion, there has been a greater contraction and adherence to old story structures, duality, and often creating more pain and war as a result. That's the reaction. Yet, there are those within every religious tradition who have a sense that there is more than what has been the dogma, authority, or rules, and those people have continued in some way to hold a kind of faithfulness to a core within the tradition that is not rigid or limiting, but is alive and continues to hold a kind of pathway connection to the inner awareness, that we speak of, to the living field.

Jesus and those in other traditions came to lead or point to this new time. They were preparing the way, they were not to be the way, and that got confused. They were preparing the way into this time, and each of you who have chosen various pathways to reach this have perhaps benefited by those pathways to varying degrees. But now it's time to move beyond the structures that were put in place, and find what is yet alive, what is yet real, what is more fused in this time of fusion of light, spirit, and oneness of spirit within the diversity of matter. So you perhaps will see wise souls speaking within traditions, attempting to bring a kind of re-animation of what is core to those traditions. And, you will also see those attempting to contract and pull everyone into a more diminished, authoritarian place. Both will happen.

I'M WONDERING IF IT WOULD BE POSSIBLE FOR THE EARTH MOTHER TO JOIN US THIS AFTERNOON AND SPEAK TO US IN HER CREATION LANGUAGE?

Well, we can see if we can arrange that for an ending. We'll have a take a brief pause to make a shift after we have spoken, but we can bring her into this gathering as well.

YOU SPOKE OF CREATIVITY, AND INDICATED THAT IT HAS BEEN HELD DOWN IN WAYS, AND THERE WOULD BE A RELEASE OF THE CREATIVITY THIS YEAR. ARE YOU SPEAKING OF CREATIVE PROBLEM SOLVING, OR WHAT EXACTLY?

We are speaking of everything, and particularly new awarenesses and thoughts of possibilities that you have not yet seen, and all of a sudden there is a new awareness of what could be where this and this and this come together. So, it is not just in art or something typically creative, but is in all facets of experience and life that can be touched by the freeing of this dynamic, creative awareness. All of it, all of life.

I WONDER IF YOU CAN MAKE A COMMENT AT ALL ABOUT THE COMING ELECTIONS, AND IF THE PEOPLE WE WILL BE CHOOSING WILL BE PART OF THIS FLOW OF MOVING FORWARD AND BEING MORE SPIRIT-LED THAN IN THE PAST.

Hmmmm..... [group laughter]. There are those to watch who are not in the major, national election, but in the more local elections. Some of them may be of such as you speak. Most of those in this national election have been formed by the old story, and they have a certain investment in maintaining that story. That's what they believe, deeply and firmly in their hearts, is their job or their role.

What you would perhaps like to have in this next election is someone who is open to creative ideas, even if they don't have them. [group laughter]. Someone who is willing to recognize that which comes from wisdom, as well as the solutions that may be emerging, to acknowledge and recognize those, and to be able to include in a more large-scale experience of national awareness what is to be included in the next creation. That would be a wise soul, even if they have quite a bit of connection to the old story.

For the new field to move into form, there is need to have a certain fluidity at this level of creation, and for your leaders to be able to recognize that these new ideas and new ways are needed in order to solve the problems that are overwhelming at an international or global level. So, a leader who is able to recognize and incorporate and foster such creativity would be a good one.

THIS QUESTION HAS TO DO WITH LABELS, AS I BELIEVE THEY CAN CREATE MISUNDERSTANDINGS. THE WORD THAT HAS BEEN A PET PEEVE OF MINE IS 'MASTER'. I WOULD LIKE YOU TO SHARE YOUR PERSPECTIVE ON THE USE OF THE WORD AND IF WE ARE GROWING AWAY FROM THAT CONCEPT.

In the old story there was a great deal of hierarchy and externalization of authority. So, there was a sense of self and then there was a sense of other. If the other knew more or was even designated in Spirit as a master, then there was that sense that self was either less-than or needed to grow or learn from, or be in some way in this hierarchical relationship. The truth is that the word is not used amongst us, and never has been. We don't ever see each other as one above or beyond another, but each with an individual gift or awareness or perspective or beingness that is part of a greater whole. And that is how you will begin to see each other. You will begin to acknowledge and honor the beautiful and unique beings that each of you are, particularly as you embody more of who you are and that light shines without encumbrance or definition of who you are.

Being is not a who you are, in terms of defining, it's a being, and you get to freely live. And, as you meet each other this way you might start to realize that the only mastery that counts is really your own authorship, your own capacity to author and create what is yours within your own experience. And if you do that with integrity, then if you wish to wear that label, then you can. And if it does not matter, which it may not, then you will just choose to be yourself and others will acknowledge, with honor, who you are.

So, we feel that it is particularly the rigidity of the old structures and the hierarchies. That is not part of the new story, the new operating system. It disappears, it dissipates. How you language your own authorship or sense of being who you are, that is yours to play with.

I WAS WONDERING IF YOU COULD SPEAK ABOUT THE NEW KIDS COMING IN AND WHAT THEY NEED FROM US. I'M NOT ALWAYS CERTAIN HOW TO SPEAK TO THEM ABOUT THIS WORLD THEY HAVE COME INTO.

The young ones, and those who are not so young but have been born into the new operating system, are those that actually don't understand the old story or the old reality. They don't get it, it doesn't compute to them, so they don't need a translation or history book of that story. What they perhaps do need is support for their emerging awareness, gifts and skills so that they will be able to move more easily and freely into what is theirs to contribute.

Many of them are here with a kind of alignment within the field that at a certain point will draw through them some of these new inspirations and ideas. They will, by then, have grown the skills or the awareness and knowledge that is needed to put their gift into form. And, they will not look back, but they will look forward, and they will have within their needs a kind of need for people who acknowledge who they are, who don't force them to look back, who don't force them to learn things that have nothing to do with who they are and why they're here. Who begin to realize that the body of knowledge they're looking for is not exactly the same as what's in the school system. And so, you will supplement their desires to learn, to grow, to gain skills. You will supplement beyond what is now the school system until the schools start to realize they have to incorporate the same things.

There is a blossoming of people in conscious awareness starting to realize that their focus needs to be with the children. That they cannot go forward without focusing on and including the children, and that they need these allies. And so, in this next year some of you will passionately turn toward the children, and realize that you have a part in that place of encouraging, supporting, and allowing what is beyond their everyday school system to enhance, add to, and assist them to get what they need.

IS IT TRUE THAT THE EARTH IS GOING TO SHIFT AND LEAVE THE DARK ONES BEHIND TO START THE BEGINNING OF A NEW WORLD?

Well, it's not quite so linear, as everything is happening simultaneously. It is not that the earth will leave people behind, but rather it is a matter of choice. This is the age of the choice, the free will choice that has been gifted by Source within every living conscious being – to make a conscious choice. Sometime during this lifetime, and sometimes more than once during this lifetime, for every living person on this planet there will be that sense of choice.

So, people choose to evolve with this shift of frequency. The shift is planetary, but is also more than planetary. It affects this

entire solar system, this galaxy, etc. There is a shift of awareness, consciousness frequency that is affecting all of consciousness. Those who choose not to move with this opportunity will have another experience beyond what you will together create here, and they will evolve in another time, another place, another galaxy.

I HAVE A RELATIVE THAT HAS DEMENTIA, AND I WAS WONDERING IF YOU COULD COMMENT ON THAT. IT FEELS LIKE HER SOUL IS VERY PRESENT, BUT IT'S HER MEMORY THAT SHIFTS.

Dementia is a means for a soul to release the mental structures that have bound them. So, in some ways they begin to subtly be more present. How they are affected depends on which structures dissolve first. If the structures that have been controlling their behavior start to go, then perhaps all of what has been suppressed comes out, and sometimes it's not so pleasant. Other times it's the structures that have limited their love or capacity to be who they were, and when those release they are in a way more present than they could be before. So, dementia is a way for the soul to dissolve the structures so they can move beyond them. Some souls choose it as a way to do in an unconscious way the same thing that you are doing in a more conscious way, so that when they leave this plane they are less bound.

There is more dementia now than there has been. Some are blaming chemicals in foods, some are blaming mercury, some are blaming vaccinations, or whatever. The truth is that souls that are not consciously choosing to fully dissolve these old structures have another access through dissolving them unconsciously before they leave the body. This is still a choice as some level, do you see?

CAN YOU GIVE US SOME GUIDANCE ABOUT MAKING FINANCIAL DECISIONS GIVEN THE INSTABILITY IN THE WORLD?

What kind of financial decisions?

WELL, THERE IS ALWAYS SO MUCH TALK ABOUT THE STOCK MARKET AND THAT SORT OF THING.

Ah, investments.

YES

There are lots of financial decisions that each of you will be making in this next time, hopefully aligning with more and more of what is true and real. And that would include investing, as well. Sense where something is emerging that needs some investment, some financial support. Some projects may be an evolution of certain energy sources, or new, easier ways for people to do things in developing countries. You will start to align with your investment and sense what is emerging and needs support. And because of the magnification and non-linear way that the New Field grows, some of these investments will look to you as being almost miraculous because of the way they take off, so to speak. Just as in the past there was an investment in the internet and technology that is now pretty much taken for granted for most of you, there will be new avenues that are emerging even now and will continue to, and they will take off. So, in terms of financial decisions, look around. Look around, be aware of what is emerging and feels to you to be of reality or life, and invest there.

And we will say one more thing. Investments in places that are most rigid and most binding of people, of creativity, of life, those places will lose energy, and those investments are not so wise.

WHAT WILL IT LOOK LIKE WHEN PEOPLE ARE CHOOSING DIFFERENTLY FROM WHAT I'M CHOOSING AND THEY'RE GOING TO A DIFFERENT GALAXY OR WHATEVER.

Well, you won't know all about that, because of the choice you've made. When you make a choice, you start to move into a new reality, a new experience, a new creation. You have less and less interest in the old story, and you have less and less ability, time, and attention for those who are greatly invested in it. So, you start to have a sense of a whole other world, another creation, another experience, and you do not know what is going on so much in the other one. And you don't care to know, you don't focus there.

So, it continues to have its own reality while you continue to evolve yours. It isn't the same as duality, because instead of a polarization, there is actually a sense that they exist simultaneously but do not interact. They don't energize each other. One is energized by love, awareness, and light embodied, and one is energized by polarity, fighting, competition, butting heads,

drama, trauma, and all of the rest. So, when you say goodbye to such things in your own experience and creation there is not a great desire to go back. So, you do create a new experience and the other one dissipates for you as if it is not so real, not for you.

We don't know the answer to all of that, but you will sense and know your own experience. Perhaps you can tell us in a year [group chuckle].

[At this point, Chris suggests closing the spirit portion and making the transition to the Earth Mother]

Well, we would like to make a brief conclusion before we make this transition, and that is to also include that we acknowledge each of you, your beings, your Great Spirits, your individual natures who have evolved through many experiences of lifetimes and beyond lifetimes to this choice, to this time. Doing it within the physical body is both a great adventure and privilege, as well as a great challenge. You have probably experienced some of all of that. It is now time to realize that this embodiment within the physical is also for you a fulfillment. You get to have what you sensed was possible all along. You get to have some sense of what it would be like to be fully embodied. You get to experience it, you get to create it, you get to be with each other and do that together. You get to start to realize that your minds are much more able to be receptive and come up with new ideas than perhaps you thought was possible in the past. And, you are able to implement them with the skills and resources that you have as well as combining with others.

There IS a new world, a new birth, and you are that. And we are not just grateful to you for your choices. Yes, we have been supporting, facilitating, participating, and at times holding your hand when you are perhaps giving up. At the same time, we knew that the greatest generation of transformers ever to have been born in earth had been born and were here. We put our trust in you. We in Spirit put our trust in you to do what you came to do, and you have done it. You deserve a round of applause. If you could hear us clapping....perhaps you'll have to clap for us....[group applause and laughter]. It is deserving of celebration, admiration, and acknowledgment, not just for yourselves but to each other. It has been a large undertaking, and you are beginning to see the fruits of your labors. So, our closing is with a kind of gratitude, acknowledgment and honor for what you have accomplished collectively speaking, and individually as well as collectively. Perhaps one day we will join you in the body. There are many of us making plans for such a trip.

Perhaps there is a piece of music that could be put on for the transition, and then we will welcome the great Earth Mother.

[music plays for a few minutes and the Earth Mother joins]

Thank you for inviting me. Hello. Ahhhhh, so have you been breathing or just listening? It might be good to breathe, and to realize that your bodies are magnificent, and have been chosen by design for this time by your own wise beings. You knew the possibility of embodying your light, your great Spirit, into this embodiment was potentially here for this time. So you needed to choose parents, not just by their particular patterns or lack of consciousness, etc. [group laughter] You also chose your parents because of their capacities within the DNA that they carried. Being able to pass on into this generation, your body, the potential for cellular transformation, greater light opening up greater potency and DNA possibilities. So, you might not have felt that you belonged to your families, but they did bring you a gift through that particular lineage. Whatever you chose into, you did so with consciousness so that you would have a body capable of transforming. There are many bodies that can only go a certain distance in this time, because of what is generationally in the DNA potential. So, you chose wisely and here you are. And you can be grateful to those ones, whether they were conscious or not so conscious, they carried these gifts for you.

So, I don't have a great message. I wasn't prepared.... [group laughter]. But, I am here, and I can certainly assist as we close today with a kind of blessing for this birthing of a new year and potential within this year. Anyway, I don't want to leave right away. I just got here. [laughter] So, would anyone have a question for me before I leave. I can move with this, unless you are very tired of sitting....which I would understand. Or very hungry, which I understand also.

I'M WONDERING IF YOU WOULD TALK ABOUT HOW YOUR ENERGY AS THE EARTH MOTHER HAS BEEN EVOLVING IN THIS PROCESS. THERE HAVE BEEN MANY PROPHECIES, AND WE HAVE BEEN TOLD TO LOOK AT THEM LIGHTLY. BUT, THE EARTH

HAS HELD AN ENERGY THAT HAS DEMONSTRATED SOME UPHEAVAL, DEMONSTRATED SOME SHIFTING. TELL US HOW WHAT WE HUMAN BEINGS CREATING FOR OURSELVES IS BENEFITTING YOU AS YOU EXIST IN THIS PLACE.

Well, I am shifting frequency. Have you not noticed that things are warming up? I am shifting, and therefore you are shifting with me as I am shifting with you, and it is collaborative. You would not have chosen to be here had you not been able to work with this planetary body of mine to also assist your own embodiment.

So, I am shifting and there are some upheavals, and yes there is cleansing here and there. Around this particular time, and perhaps in the next 50-100 years I will need to continue to be active in that process. You will also find....many of you will evolve your bodies to the point that you can in this time, and you may then decide to have another body in the next 100 to 200 years that will evolve the frequency of embodiment further. Your potential will animate much more in the future than in this time. You came in to be transformers, therefore you have taken on a role of coming into the density and transforming the density while simultaneously I have been transforming and shifting frequency, as well. So, we together are doing a great deal of work. It takes a lot of energy, and it generates heat. It also moves through your physical bodies as certain disruptions, which I can hear in your voices and congestions, etc., that you are working through as well.

In this particular state [Minnesota], you are in the middle of winter. In this time, your bodies are undergoing as much transformation and clarification and cleansing and shifting as possible while you are indoors, so that you are quieter and have less activity. If you stay very busy, it's harder right now. If you open up to a greater sense of space, breathing with this time of shift in your body, it will be easier for you. So, remember that in the next month or two. Anyway, we are all together. A dynamic, transformative, shifting planetary experience. And we are happy for it, aren't we? I am happy, too. It has been a very long time, this old story. I was growing weary, as perhaps were you.

I AM IN THIS NEW PROCESS OF SHIFTING IN AWARENESS, AND I HAVE THIS BODY THAT HAS PHYSICAL LIMITATIONS AND ALSO LIMITATIONS FROM MEDICATION. I HAVE THIS OLD STORY, AND THIS REALITY RIGHT NOW IS BASED ON FEAR THAT I WILL STAY IN FINANCIAL INSTABILITY, LACK OF MONEY, AND STRUGGLE. HOW CAN I LOOK PAST THIS OLD STORY AND THE REALITY OF MY LIMITATIONS AND BECOME MORE FLUID AND CREATIVE, AND CREATE A BETTER AND HEALTHIER OUTLOOK FOR MYSELF?

Be courageous. Dissolve those structures that are binding you with fear. Fear is not real. It has no essence of its own, it is not of light. It's a fabrication that is bound by the structures that give it reality. Therefore, when you release the belief of the structures, or the sense of what it is that has been fear-based, you actually create space for your soul to embody. Your light, your soul has more capacity to inform your experience and your body physically as well as materially within the new field. The more you are here, the more you can manifest who you are. You are not a limited soul. You are a beautiful, abundant being that can open abundance in your experience, your expression, and your physicality. Open, be courageous, face the old story and dissolve it. I will help, and you can ask for me, if you wish.

FIRST, I JUST WANT TO SAY THANK YOU FOR THE BEAUTY THAT YOU GIVE TO US. I'M NOT SURE IF YOU GOT MORE BEAUTIFUL OR I GOT MORE RECEPTIVE, BUT CERTAINLY THE SENSE OF JOY THAT I'M ENJOYING IN MY LIFE JUST LOOKING AT YOU.....THE SKY, THE PLANTS, AND THE BIRDS. ESPECIALLY THE BIRDS, THAT HAVE REALLY SUPPORTED OUR FAMILY A LOT. SO, I JUST WANTED TO SAY THANK YOU.

Well, I think it is a little bit of both. Perhaps I continue to manifest in ways that are slightly more enhanced, and you have evolved a capacity to receive and be without filters. So, you see more clearly and receive more fully. And that is embodied light. I am embodying more and more light and spirit as you are, and together we get to be enhanced. Yes?

I'VE SEEN THE EXPRESSION IN REFERENCE TO YOU AND THIS EXPERIENCE AS "THE JEWEL OF GOD'S HEART". I WONDERED HOW YOU CAME TO BE THE ONE, THE PLANET, THAT GIVES US THIS BEAUTIFUL OPPORTUNITY OF JEWEL OF GOD'S HEART.

Well, I was chosen and I volunteered, just like you. My journey, of course, has been eons long in terms of time. But, once upon a time there was an opportunity presented, just as an opportunity was presented to you. And, I agreed, I said yes, just as many of you are saying yes. And, I did not know what that would mean. Neither did you [group laughter]. You understand? You say yes to the mystery and then you live it out, you experience it.

So, how I became the "jewel" was through a tenacity, a willingness to say yes, as well as a kind of Mother presence that I

maintain within this planetary body that natures. I nurture, and I have never stopped nurturing the evolution of consciousness and humanity, even though there were many, many cycles of years around this experience of mine that felt as if you would never grow up, felt as if it would never come. And yet, I was assured and continued to be supported directly from Source. I have always felt that direct connection. Father Source, you might say, and me the Mother for your bodies, and we have together generated this new opportunity. And I am grateful that it is now, and that you are those who have said yes.

MY PASSION AND PURPOSE IN THIS LIFETIME IS ABOUT HELPING PEOPLE FEEL INTO THEIR BODIES THROUGH SEXUALITY. IT'S A VERY DIFFICULT THING, PARTICULARLY IN THIS STATE, TRYING TO HELP. I'M WONDERING IF YOU HAVE SUGGESTIONS FOR HOW TO HELP PEOPLE DISSIPATE THOSE RIGID STRUCTURE OF FEAR THAT KEEP THEM FROM WANTING TO ENJOY SEXUALITY AND WANTING TO FEEL INTO THEIR BODIES, ESPECIALLY IN THIS NEW YEAR OF MAGIC. DO YOU HAVE ANY HELPFUL SUGGESTIONS?

Well...of course [group laughter]. Sexuality is creation at its very base, you understand? It is that which magnetizes with great power what is to come together to create and give life or to create something new. So, sexuality has had a great fear around it, but so has the mystery of creation, so has the potency of the power that comes through something that animates beyond what has yet been. So, sexuality is the individual experience within your body of your potency for creation. When you animate one, whether it is the freeing up of your own potency to give form and life to who you are, you also free up your sexual potency as well. So, dissolving the old structures of fear and limitation, and all of those things that have grown up in the old reality, frees up a lot of things. You will start to notice how you feel more alive, more embodied, more desiring of what your body's capacities are for pleasure as well as the fulfillment....not just pleasure for a momentary experience....but fulfillment, which is a deeper quality of experience that taps that potency of creation and manifestation. Sexuality is meant to manifest, by the way. It's not meant to just be a pleasure for the moment. Its power is in creation, so what you want to create and what forms of fusion do you experience or want to experience in the process of creation. So, have a good time. [group laughter] Enjoy!

CREATE

Create, yes.

THIS QUESTION IS PROBABLY BORING IN COMPARISON TO THE LAST ONE [laughter], BUT WHAT I'M WONDERING IS THAT THERE SEEMS TO BE AN INCREASE IN THE AMOUNT OF HUMIDITY WE ARE EXPERIENCING IN THE SUMMER. I'M WONDERING IF YOU COULD TELL ME IF THIS IS RELATED WHAT WE ARE DOING, THE CHANGES YOU ARE GOING THROUGH, OR A COMBINATION OF BOTH?

It's a combination. There is a heating, and then that continues to evaporate more moisture. The heat that is produced by the transformation of frequency within my body, as well as the conditions that have been contributing from humanity's lack of awareness of how your actions affect everything.

This process of warming and effects will continue. It is not something that I can stop, and neither can you. But, it is transformational as well. So, the process will bring people, nations, and cultures together, and there will be a greater and greater awareness of choices that can be made and will be made that will embrace the greater whole rather than keeping only a few people's good or wealth in mind.

CHRIS: JUDGING BY THE AMOUNT OF SQUIRMING ON OUR CHAIRS, I SUSPECT THAT PEOPLE HERE MAY BE READY TO MOVE.

That is fine, then it is time to breathe. Wiggle around if you wish. Wiggling is good. Take a deep breath, as if you are beginning to open into this year with your breath. You are embracing what is your soul's embodied experience wanting to express into a manifest form....here we go. Welcome to this next cycle. Welcome into fearless creation. Welcome into embodied fulfillment, and welcome into that which is a release of the old constrictions wherever you have manifested them.

[she closes with a process in her language of creation]

Mmmmm.....goodbye for now.....

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